



Our Ref: JCH/CN

3 February 2021

Dear Parent/Carer

I would like to thank you for your support during these challenging times. Thank you to the many parents who have replied to our recent survey regarding remote learning. I am extremely proud of our students who have responded positively to their learning and to my staff who have risen to the enormous challenge of delivering quality lessons remotely.

I am conscious of the challenges we all face with this new way of working and have taken the decision to reduce screen time one afternoon a week. During this time we will be setting students a challenge to undertake away from the computer screen. This week we will set students a practical challenge to undertake on Friday afternoon.

It is important that students upload their achievements and send them to their tutor.

If you would prefer your child to complete unfinished assignments during this time please be mindful that the purpose of this initiative is to reduce the time spent on the computer.

Yours faithfully

**Mrs J C Hornby**  
**Principal**



## SCREEN FREE TIME

To support with your remote learning, we have decided to implement some screen free time each week. During this session, you will be asked to complete some of the tasks below and upload any evidence to your Tutor, who will discuss your achievements during morning registration. You may decide to do a slightly different task, which is fine, as long as you are away from the computer screen! Mark the tasks off as you complete and have fun. Don't forget to send pictures of your achievements to your tutor.

**Some of the tasks may require support, so make sure you ask your Parent/Carer before**

Bake something delicious like a cake or some biscuits.

Play a boardgame or maybe you could design and make your own!

Cook an evening meal for your family.

Invite some wildlife into your garden by creating your own bird feeder.

Get your hoovers and dusters out and help with some of the house work.

Develop your art skills by sketching an item inside or outside of your house.

Play a musical instrument or even make your own!

Collect some recyclable items from around your home and create something with it!

Read a book and write an overview of the main storyline.

Do some gardening. Could you ask for some seeds to plant and watch them grow?

Learn or improve on a new skill. Maybe you would like to try knitting or juggling?

Design a mini fitness circuit suitable for your home or garden and complete it.